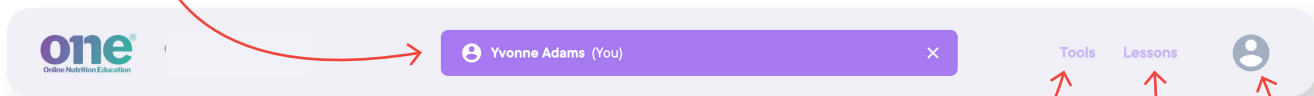



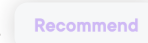
How to Use Preview Mode

Use the 'View as Participant' preview mode to practice sharing and review nutrition education content.

While using preview mode, you are sharing items to your own account, and your activity in ONE will not affect participant accounts or your clinic's data reporting.

- 1. Type your own name into the 'Search for client...' toolbar** at the top of the ONE homepage. Select your name with (You) after it. Your name will be highlighted in purple at the top of ONE. **You are now in preview mode.**



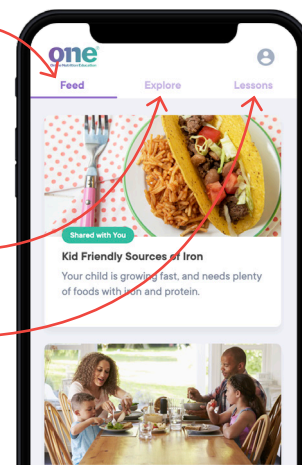
- 2. Find a Nutrition Tool** to support your education and counseling by clicking 'Tools.' Click on one category box. Click on one topic to open a set of Nutrition Tools.
- 3. Click on the Tool features** to view the information ⓘ, interactive ⓘ, language 🌐 and PDF Preview ⓘ. Click on the full screen icon ⓘ. Role play in small groups, or imagine on your own, using this visual while offering nutrition education to a participant.
- 4. Click 'Share' at the lower left corner.**  Select one topic. Select the 'ONE Account' sharing option.
- 5. Click on *Lessons' at the top right corner of ONE.**  Click on the word 'Recommend' in the Individual Lesson column.
- 6. Click the X to the right of your name in the search toolbar** to exit preview mode.

Preview the participant interface.

Click on the profile button at the top right corner and select 'View as Participant (You).' Your screen will switch a preview mode of the participant interface.

In the participant interface:

- Look for the **'Shared with You'** post under **Feed**. This is how nutrition education items appear on a participant's ONE account. Click on a post to open the corresponding article.
- Click on **Explore** to access all of the articles and recipes available for participants.
- Click on ***Lessons** to review or complete any of the online lessons available for participants.



Scenarios

Use these scenarios to role play and practice sharing nutrition education through ONE in the 'View as Participant' preview mode.

Scenario 1: Child, certification appointment

You are talking with the parent of a 3 year old child. Through your screening and assessment, you find that the child's hemoglobin level is 10.2 g/dL. The parent reports that the child is drinking 4 or 5 cups of milk most days.

Scenario 2: Pregnancy, certification appointment

Imagine talking with a pregnant parent during their first trimester. They report not eating many vegetables and feel like life is too busy to cook. They ask questions about breastfeeding and haven't decided if they'll try it yet.

Scenario 3: Pregnancy (non-certification) individual contact

You are meeting with a pregnant parent during their third trimester of pregnancy. They report having a stomach ache after drinking milk, but heard it's important at the end of pregnancy. They also report having heartburn every night after supper.

Scenario 4: Infant, mid-certification

You are talking with the mother of a 6-month old baby. The mother reports that she breastfeeds when she is home with her baby. A childcare provider is feeding formula while she is away at work, 3 afternoons each week. The baby recently started eating solid foods. She wishes she could keep breastfeeding and doesn't want to use formula. She does not have a breast pump.

Scenario 5: Infant mid-certification appointment

Imagine talking with the father of a 5-month old infant. He has questions about whether his baby is ready to start eating solid foods. Also, he would like to prepare some homemade foods and wonders if there are any foods he should avoid giving his baby?

Scenario 6: Toddler, mid-certification appointment

Imagine talking with the caregiver of an 18-month old child. They report that their toddler is drinking about 32 oz of milk each day, usually from a bottle, and that the child won't go to sleep without a bottle.

Scenario 7: Breastfeeding mother & baby, certification appointment

You are meeting with a new mother who is exclusively breastfeeding their newborn baby. The baby's weight is within normal limits for their age. The mother asks how to know if the baby is getting enough to eat. She also reports having some pain with breastfeeding and you notice a shallow latch while they breastfeed during your appointment.

Scenario 8: Child, nutrition education contact

Imagine talking with a parent of two children, ages 2 and 4 ½ years. They report that the children seem to be 'picky' eaters because they hardly want to eat what is prepared for meals. The children ask to drink juice and snack 'all day long.' During your conversation, the parent also asks "When should I start taking the kids to the dentist?"