

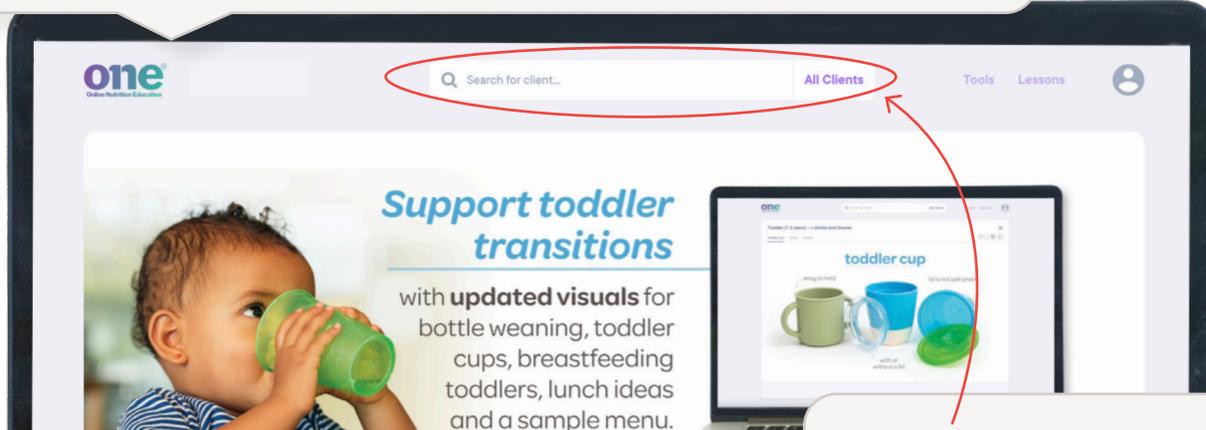
Quick Start Guide

Follow these steps to share nutrition education with clients.

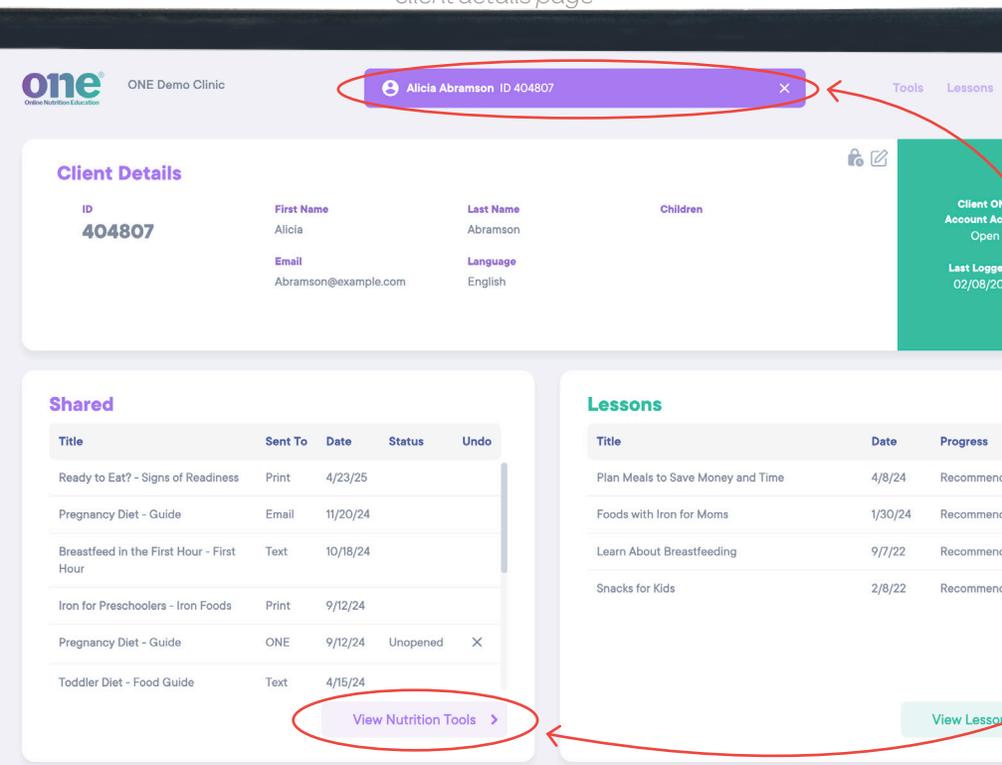
Log in at www.nutrition-one.com.

ONE will work best on a new internet browser like Chrome, Safari, Edge or Firefox.

home page



client details page



1. Connect to a client's ONE account.

Type the client's name or ID number into the **search bar**.

OR

Click on **All Clients** to see a list of all your clinic's client accounts.

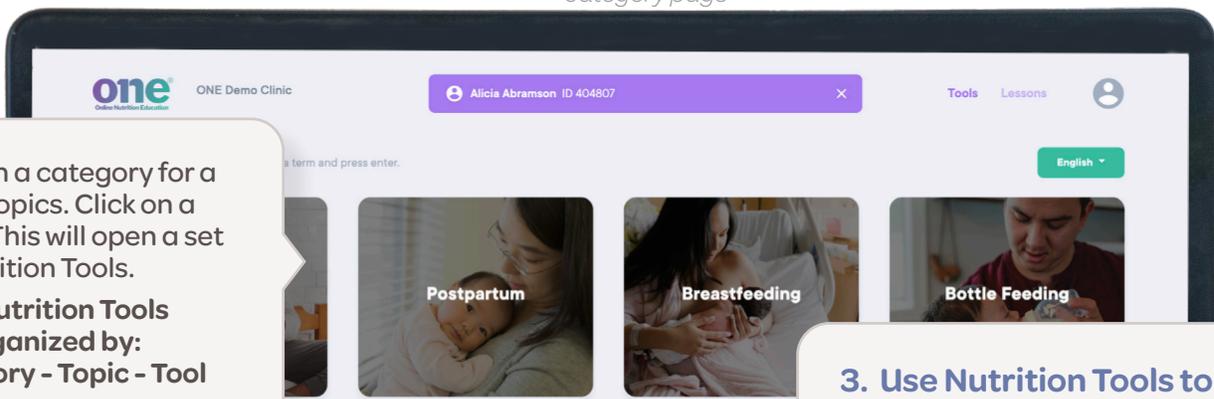
Add a new client or locate the client in the list. Click on the icon in the Select Client column.

Once selected, the client's name will be highlighted in purple.

2. Find a Nutrition Tool

that corresponds with the education you would like to share.

Click on View Nutrition Tools.



Click on a category for a list of topics. Click on a topic. This will open a set of Nutrition Tools.

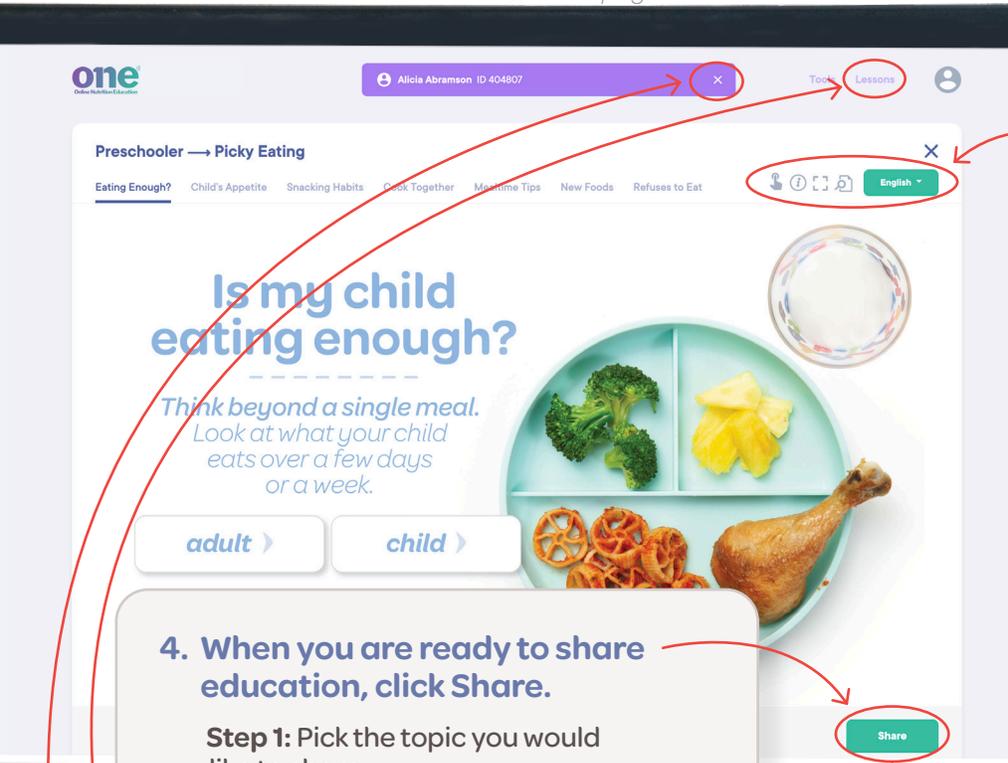
ONE Nutrition Tools are organized by:
Category - Topic - Tool

3. Use Nutrition Tools to support your counseling or nutrition education.
 When possible, share your screen with the client to support engagement and visual learning.

Tool features:

- Full screen:** Maximizes the Tool and helps your client focus on the visuals.
- Information:** Talking points and sample questions to reference before sharing your screen with the client.
- Interactive:** Describes what is interactive and is only on Tools that have interaction.
- PDF Preview:** Displays a preview of the PDF that can be shared by email, textable link or print.
- Language:** Choose a language for your client to see when sharing the visual Nutrition Tool.

nutrition tool page



4. When you are ready to share education, click Share.

Step 1: Pick the topic you would like to share.

Step 2: Choose if you would like to send the corresponding article to the client's ONE account or share a PDF by email, textable link or print.

5. If appropriate, recommend a self-paced online *ONE Lesson.
 Click **Recommend**. You can reverse this by clicking **Remove**.

**Optional Feature*

6. Exit the client's account.
 Click the **X** in the search toolbar.

